

SEND Family Voice

A monthly newsletter filled with news, information and events for all things SEND in the Redcar & Cleveland area.

Transition from Children to Adult Services Update

We attended a meeting yesterday with professionals and councillors in connection with the issues we raised around the transitions from children to adult services. Thank you to all families who completed the survey we sent out over the summer holidays. The responses from this were fed back to the professionals and councillors who acknowledged there are flaws in the system. It was clear from the responses that there isn't a consistent approach from services, with some families having a negative experience whilst some had a more positive experience.

We fed back that staff should have basic SEND training so that they are aware of families needs and how best to support them. This was taken on board and the assistant director also confirmed she would feed this back to Teesside University who provide the training structure for social workers. Induction for new starters will also be looked at to include some basic training. We will continue to work with the children and adult services to ensure transparency and better communications with families too.

There were also lots of suggestions from parents around a timeline of the process, key contacts within the service and a guide for parents. We will work with the adult social care team to produce a guide, including the suggestions from parents, and will publish this once produced.

Parents and professionals also welcomed the suggestion of a central directory of information that everyone can access. The Local Offer was suggested as a central point of information and again we will work with teams on this.

We will look to hold events around transitions to provide families with access to information and professionals from the services to ask any questions and find out what is available in our area. We will update the Facebook page and newsletter with further details once organised.

In the meantime, North East and North Cumbria NHS and Gateshead Youth SEND Forum have created a video to explain the transition from children's to adult healthcare which you may find of interest. Please see the link below for more information on the transition process and a link to the video:

https://nenc-healthiertogether.nhs.uk/young-person/transition-from-childrens-to-adult-healthcare-2

EHCP Timescales Update

As promised in the last issue we raised the issue of EHCP timescales with professionals at the last SEND Assurance Meeting in September. At this meeting we raised the issues that had been brought to our attention by families in the borough.

We informed the board about the frustrations parents feel with the timescales and the impact this has. The local authority understood the frustration felt by families. The LA further advised that they are undertaking a piece of work internally to find out what the issues are which cause the delays, whether that is solely on the amount of and capacity of Educational Psychologists (EP's) or the delay in receiving reports from other professionals that are part of the process. There is a lack of Educational Psychologists nationwide and this picture is familiar up and down the country, not just in Redcar and Cleveland. The LA are reviewing their internal processes and putting procedures in place to try and address timescales.

We shall keep you updated with any progress.

Your Voice

We are keen to hear your views and opinions about the SEND services in Redcar and Cleveland. Please take a moment to complete this on the "Your Voice" section of the website. Good, bad or indifferent we want to hear from you!

https://sendfamilyvoicerc.co.uk/you r-voice/





News & Information



Child Benefit Eligibility

We have been asked to share update you on important changes to Child Benefit eligibility, taking effect from 1 September 2025. These changes may affect families you support, and some may also be entitled to backdated payments.

Current rules

Child Benefit usually stops on 31 August after a child's 16th birthday if they leave education or training.

It continues if HMRC is told the young person is staying in approved full-time education or training, which currently means more than 12 hours of supervised study or training each week.

What's changing from 1 September 2025:

The definition of full-time education will be expanded to include:

- Young people in non-advanced education who cannot meet the 12-hour weekly requirement due to illness or disability.
- Young people in full-time non-advanced education outside a school or college (for example, being home-educated), whether this started before or after their 16th birthday.

Parents and guardians in these circumstances will continue to be eligible for Child Benefit and can extend their claim through the HMRC app or online at https://www.gov.uk/child-benefit-16-19

Backdated payments

An error in legislation in 2014 meant that some families in England missed out on Child Benefit and Child Tax Credit. About 7 million families received Child Benefit last year. HMRC have identified that a very small number, about 500 over 10 years, may not have been paid their correct entitlement. This affected families in England only. As HMRC do not hold records of people who have been affected by this error, they have asked for help in reaching any parents or guardians who believe they may have been one of those affected, to contact HMRC as soon as possible.

Parents and guardians may be entitled to backdated payments if, between 6 April 2014 and 31 August 2025, they had a young person who was:

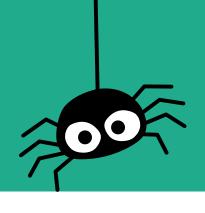
- Aged 16-18,
- Living in England
- Receiving education outside a school or college (e.g. home-educated), and
- Where the Local Authority assessed the education as suitable.

How families can check

- Child Benefit enquiries: Call 0300 322 9620 or write to HMRC Child Benefit Office, PO Box 1, Newcastle upon Tyne NE88 1AA.
- Child Tax Credit enquiries: Call 0345 300 3900 or write to HMRC Tax Credit Office, BX9 1ER.



News & Information



Keeping Active Sessions across the borough

Middlesbrough Football Club Foundation is launching a FREE 14 week Mental Health Programme, starting on Tuesday 16th September at The Herlingshaw Centre, Eston (TS69AE). This programme will engage local people through an exciting football session, followed by a workshop to build soft skills like confidence, communication and resilience. The 14 weeks will also include a celebration event at The Riverside Stadium. The sessions will improve physical and mental health in a relaxed and welcoming space. The session is open to all adults aged 18 and above male and female. The session starts at 12:00pm and will finish at 2:00pm. All participants must be signed up prior to the session.

They also have a session due to start in Grangetown United Hub shortly. For more details scan the QR code or email : enquiries@mfcfoundation.co.uk





Keeping Active Sessions at Senses CIC

Hi there, just Karen here from Senses Wellbeing Centre CIC in Skelton. Id' like to tell you about fully funded sessions starting tomorrow 10th September.

Fully Funded by MFC Foundation. We have 50 weeks of fitness for adults with a Learning Disability, Wednesdays 1-3pm starts tomorrow 10th September!

Each week will see a 45 min session, a break for refreshments and social time followed by a further 45 mins movement and music session.

Open to any adult post 19 who would like to lift their hearts and limbs and feel stronger both physically and mentally. Classes can be taken from a seated position/wheelchair or from standing depending on the person's ability. We encourage all abilities in this inclusive session.

Sessions will rotate between:

- Seated chair fitness when we may use maracas/small hand weights and/or resistance bands (optional)
- We will rock you drumming fitness using
- yoga balls, functional fitness to enable better gross motor skills.
- Brain fit wellness sessions (crossing mid line and using wonderful combinations of choreography) to challenge and enhance brain function.
- Let it Glow a class in low lighting using glow sticks (especially great for people with complex needs for visual stimulation).
- Silent Disco for a fun engaging cardio session.

Those attending must be accompanied by a family member/carer. Adult changing facilities on site with mobile hoist and disabled toilet with changing bed. Parking directly outside for 4 vehicles/vans/buses. We do not provide personal care/lifting/hoisting etc. We are a session provider only and are volunteer lead.

Please book for the person attending the session only, carers do not need to book a place, carers details will be taken on arrival.

To book a place:

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Any questions give me a call on 0779 457 1933.



News & Information



Twinkl Symbols

We know many schools and parents use symbols and/or PECS to help their child's communication. Did you know?

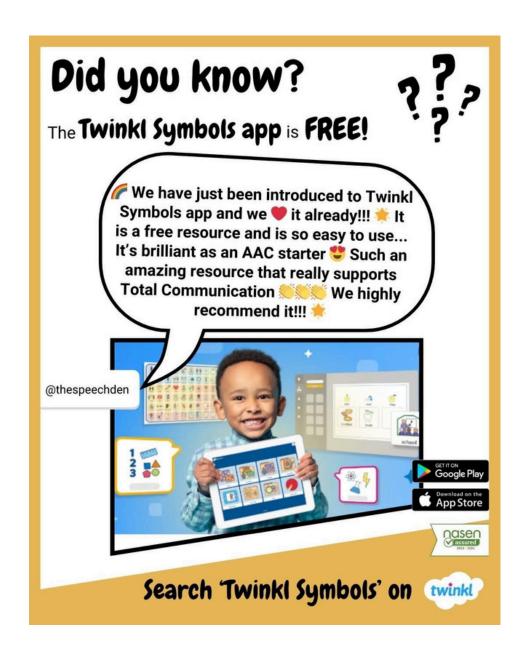
The Twinkl Symbols app is FREE!

AAC apps can be an amazing accessible tool to support communication for all learners. But don't just take our word for it - here's what the Speech and Language Therapy team at The Speech Den had to say:

We have just been introduced to Twinkl Symbols app and we ♥ it already!!!

It is a free resource and is so easy to use... you can create fabulous visuals and graphics in no time at all! It's brilliant as an AAC starter ♥ The different voices are great and you can play around with them to create a unique pitch, speed and style of voice ♥ Such an amazing resource that really supports Total Communication ♥ We highly recommend it!!! ★**

You can download the free app from the App Store or Google Play.



Find out more about Twinkl Symbols, plus more proven SEND strategies, in our 12 Things Every SEND Teacher Needs to Know!

Supported Internships



Redcar and Cleveland Borough Council are proud to announce a new supported internship programme in partnership with DFN Project Search and Redcar & Cleveland College, designed to help young people with special educational needs and disabilities (SEND) take their first steps into the world of work.

Starting this September, nine young people will be starting a nine-month internship, gaining valuable experience from our teams from various areas from Museum Services and Family Hubs, to Highways, Streetscene and even IT.

Supported Internships are designed to be a bridge from education to work. Therefore a supported internship is usually completed after academic or vocational qualifications and EHCPs usually cease at the end of a supported internship as most young people have achieved their educational outcomes and/or no longer require an EHCP. EHCPs can remain in place if a young person needs support with the training element of a supported internship.

If you have any questions about supported internships please feel free to reach out to ourselves or the Post 16 team at Redcar and Cleveland Council.



News & Information cont

Wellbeing Sessions for Parents



Did you know Woods & Waves Forest and Beach School are now offering adults only woodland well-being sessions for carers?

These sessions are a wonderful way to relax and unwind in nature, to chat with others who may be in a similar position to yourself, and to do something just for you.

We are also looking to re-launch our additional needs/SEND Family Forest School sessions and want to ensure these meet the needs of local SEND families. We have therefore devised a short questionnaire to find out; what days and times work for you, how you would prefer the groups to be spilt; by age or needs, and what sort of venue you prefer. Please take a couple of minutes to complete this using the following link, we really do want to provide something truly special that aligns with your needs:

https://forms.gle/eb5SCtm4Dpqy6Uau9

Who is recommended to have a flu vaccine this winter?

Flu - In line with advice from the Joint Committee on Vaccination and Immunisation, those advised to have a flu vaccine this year include:

- those aged 65 years and over
- those aged 6 months to under 65 years in clinical risk groups (as defined by the <u>Green Book, chapter 19 (Influenza)</u>)
- pregnant women
- those in long-stay residential care homes
- carers in receipt of carer's allowance, or those who are the main carer of an elderly or disabled person
- close contacts of immunocompromised individuals
- frontline health care workers
- front line social care workers
- all children aged 2 or 3 years on 31 August 2025
- school-aged children (from Reception to Year 11)

Protect yourself and your loved ones from flu and stay safe this winter.



Transition Guide for Parents



Transition events are starting now at local secondary schools across the borough. These events are usually open to pupils in year 5 and 6.

We have produced a handy guide for parents which has lots of information and tips when transitioning to secondary. If you would like a copy it is located in the files section of the support group. We can also email a copy if you send your details to info@sendfamilyvoicerc.com You can also ask for a printed copy if you attend our weekly drops ins on a Monday at our offices.

Important Contact Numbers

LA Sen Services - 01642 304503

Redcar & Cleveland Transport Dept - 01642 444974

LA MACH Team 01642 130700 Email - <u>RedcarMACH@redcar-cleveland.gov.uk</u>

Camhs - 0300 013 2000

Shortbreaks Self referral - 01642 771247

Daisy Chain Family Support - 01642 531248 (Option 1)

Carers Together - 01642 488977



Events



SEND Family Voice Events

We are now producing a monthly calendar at the beginning of every month so parents can see what is happening and when so you can better plan out childcare or cover at work.

We have weekly drop in every Monday 9.30am - 12pm. Members of the team will be available to offer advice and support around any issues you are facing. They can also complete membership forms and Your Voice submissions. There will also be free refreshments available. At some of the events we will also have professionals who will be there such as SENDIASS or Short Breaks etc.

Our online evening coffee event will take place on the first Monday of each month at 7pm, we look forward to seeing you for chat and a catchup. There is no pressure to talk or even have your camera on but please feel free to come along if you can. At this coffee event we can offer support and signposting and also help complete membership forms and Your Voice submissions.

We have now started a dads group on the first Thursday of the month. A warm and welcoming environment for dads, step-dads, grandads and uncles can come along and attend. This is a great way for dads and grandads to receive some support and met other dads who are in similar situation.

If you wish to receive our newsletter plus links to our training and workshop offers please ensure you have signed up to become a member. Our membership is free and your details are kept safe and secure and are not disclosed to any third party. Once you are registered you will be asked to confirm your email address. Once you have done this you will receive the latest copy of our newsletter together with a copy of The SEND Guide for Parents. The link is below:

https://sendfamilyvoicerc.co.uk/membership/

Upcoming Member Events

Our events for members in more detail:

Hospital Passports

A great document which will be completed with the help of Liz from South Tees Trust. A Health and Care passport is a document that is a quick and easy way to tell health and social care staff more information about you to help them give you good care and treatment. Ideal for hospital visits and stays. Parents can take their child/ren's passport away to use as and when needed.

EBSA Session

Come along and meet Yvonne from Redcar and Cleveland Council to chat about Emotionally Based School Avoidance (EBSA). Does your child struggle to attend school? Would you like to know more about EBSA and how to support your child? This is the event for you!

Coffee Morning with Alison Wombwell.

A neurodiversity specialist who has held workshops for us in the past. Alison has a wealth of knowledge together with lived experience. Come along and speak with Alison for advise and tips.

Under 5 year Old Event

Do you have a child aged 5 years and under? If so, come along to this event to meet Home Start, Thrive at Five and Jane Todd from the Early Years Team. A great session to find out what support is available to your child and also their nursey setting. Advice and support can be provided plus signposting to other services. An event not to be missed!

Upcoming School visits

Upcoming PINS coffee mornings or afternoons together with non-PINS schools visits for October.

Friday 3rd October at 9am - Ormesby Primary School

Tuesday 7th October at 9am - Nunthorpe Primary School

Tuesday 9th October at 9am - Riverdale Primary School

Wednesday 15th October at 9am - Normanby Primary School

Wednesday 15th October at 1pm - St Gabriel's Catholic Primary School

Thursday 16th October at 1pm - Overfields Primary School

Friday 17th October at 2pm - Skelton Primary School

Wednesday 22nd October at 1pm - Chaloner Primary School

Thursday 23rd October at 9am - Bankfields Primary School

Thursday 23rd October at 1pm - Galley Hill Primary School





Events



The Link Drop in Sessions.

Every Wednesday in our living room we hold a family drop in.

This is a space for families to access drop in support including:

- Advice, guidance & signposting
- Hot food
- Refreshments
- Crisis family food parcels
- Fuel voucher support
- Toys & play area (keep the little ones entertained and engaged)
- Clothes bank

Simply turn up at our living room between 11am - 1pm to access any of this support.

For more information please contact us on office@linkct.org.uk or call 01642 989198



North East Autism Society Webinars



North East Autism Society have two upcoming webinars which may be of interest; Supporting the Emotional Wellbeing of Autistic Children, 30th September and 25th November (these are repeat sessions, so you only need to attend one). Please see the attached poster for more information, there are still places available on both.

If you would like to book, please email or call Rebecca. Weatherstone @ne-as.org.uk 0191 410 9974.

Our Place, Our Say Event

Our Place, Our Say is coming to Redcar!

Thursday 9th October

10:00am - 3:00pm

📍 Coatham Memorial Hall, Redcar

A free community event for people with a learning disability and autistic people (16+), their families, friends and supporters.

Come and enjoy performances, crafts, free food and find out about local support. Most importantly- share your views about what matters to you in Redcar.

We will also be in attendance on the morning, please come along and say hello.





SEN Sessions

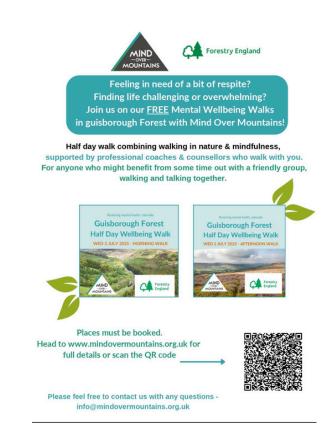


In and around the Redcar and Cleveland area.











A group to feed your mind, body and

soul through meditative practices

combined with mindful movement. To

empower and enable participants to

learn different ways to relax and handle the stresses and strains of everyday life

07394871751

Footprints

1:00-3:00

Free!

Led by Holistic,

Terry Doyle

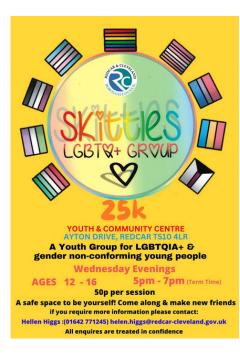
wellbeing coach

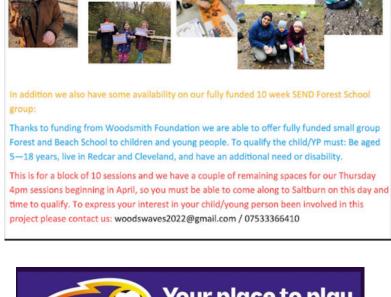












Providing Forest and Beach School sessions to families throughout Redcar and Cleveland.

At Woods & Waves children and young people have the opportunity to connect with nature,

use tools, enjoy the warmth of a campfire, complete scavenger hunts, engage in nature-based

arts and crafts and so much more. The sessions are very flexible and child-led, participants are

encouraged to follow their own interests and ideas, free play and exploration are a big part of

Children with additional needs are welcome to attend any of our sessions, and we also have

To book a place visit our Facebook page @woodswavesforestandbeachschool Or use our

the Forest School approach. Parent/carers stay and join in the fun too.

SEND sessions every third Saturday of the month from 16th March.

booking link https://bookwhen.com/woodswaves























SEND support across Redcar and Cleveland

There is a wide range of Special Educational Needs and Disabilities (SEND) support available across the borough, including those who do not have a formal diagnosis.

Redcar and Cleveland Local Offer

Redcar and Cleveland's Local Offer is a free information directory that shows what support or provision is available in our area for children and young people with special educational needs and/or disabilities aged 0 - 25 years old and their families.

https://www.redcar-cleveland.gov.uk/children-and-families-services/local-offer

SENDIASS

The SENDIASS Service provides independent, impartial advice to parents/carers with a child aged 0-25 years old with special educational needs. We also provide advice to children and young people with SEN. We can help with education, health and social care.

We are open Monday - Thursday, 09:00-17:00 and Friday, 09:00-16:30.

You can reach SENDIASS by:

Kerrie Walker (SENDIASS Officer) <u>kerrie.walker@barnardos.org.uk</u> 07713787617 Joanne Alton (SENDIASS Officer) <u>joanne.alton@barnardos.org.uk</u> 07934602584

Phone: 01642 310806

Email: southteessendiass@barnardos.org.uk

Redcar and Cleveland Early Years SEND Team

The Early Years Area SENDCo coordinates the support provided by the Early Years SEND Practitioners, who were previously known as and sometimes still referred to as Portage. The team support children who have a significant delay in two or more areas of their development, from birth to school age. To access the Early Years Practitioners, SENDCO's should complete a Family Hubs Referral form

Redcar and Cleveland SEN department

The SEND Team is responsible for Education, Health, and Care Needs Assessments (working in collaboration with the family, child or young person and professionals). They also manage the placement and provision for children with Education, Health, Care Plan (EHCP) as well as annual reviews. The SEND team consists of a Statutory SEND Manager, SEND Lead Officers, PfA Coordinator, SEND Officers, Independent Travel Trainers, SEND Business and Data Officer and the SEND administration team. To contact either:

email <u>sen@redcar-cleveland.gov.uk</u>

Telephone 01642 304503

SEND Family Voice, Parent Carer Forum

We are a Department of Education funded forum of parents and carers of children and young people (0-25) with special educational needs and/or disabilities. Our main aim is to ensure the needs of our children are met. We bring together parent carer voices from across Redcar and Cleveland to improve engagement between services and families, to empower each other and influence policy and practice.

https://sendfamilyvoicerc.co.uk/

Redcar and Cleveland Family Hubs

Our Family Hubs and wider network, offer help and support to families with children aged 0-19 years (25 with SEND), across Redcar and Cleveland.

https://www.redcar-cleveland.gov.uk/family-hubs

Preparing for Adulthood

'Preparation for adulthood' is a national framework that aims to ensure that all young people with special educational needs and disabilities have the support they need to ensure they achieve their full potential and live happy, healthy lives. Schools, colleges, health and social care services work together to help plan and prepare young people in four main areas;

- continuing education, training or getting a job
- living independently
- having friends and being part of the local community
- being as healthy as possible.

https://informationdirectory.redcar-cleveland.gov.uk/local-offer-send/preparing-adulthood-14-25-years/preparation-adulthood

Short Breaks

Short Breaks are available for children and young people with special educational needs and or disabilities aged 0 - 18 years, some support may extend up to 25 years where there is an assessed need for the service to remain in place. Short Breaks support provides opportunities for parent carers to have a break from their caring responsibility while also providing fun and exciting opportunities for children and young people.

https://www.redcar-cleveland.gov.uk/children-and-families-services/short-breaks-for-children-young-people-and-their-families