



## Understanding Preparing for Adulthood for young people with SEND and additional needs across Education, Health and Care

We understand the theory of what good looks like to support young people with SEND and additional needs into a meaningful adult life. In this workshop we will explore how to do this well through the lens of young people by listening to their stories and hearing what worked well for them and what didn't work so well.

Looking at the four pathways, employment, friends, and relationships, independence and independent living, we will share best practice with you and challenge you to consider what this might mean for your own practice in your local area, and how you work more effectively across education health and care to support and enable young people's aspirations for their futures.

Sessions are delivered by NDTi and have been co-designed with young people with lived experience of being in the SEND system.

We have released extra sessions as we had a high amount of interest for this training.

All sessions are open to everyone. However, the evening sessions have been booked to ensure parent and carers especially are able to attend.

### Thursday, 20 February 2025

Morning: 10am-12:30pm

### Monday, 24 February 2025

Evening: 6pm-8:30pm **Parent/Carers**

### Thursday, 6 March 2025

Evening: 10am-12.30pm

### Wednesday, 12 March 2025

Evening: 6pm-8:30pm **Parent/Carers**

### Tuesday, 25 March 2025

Evening: 10am-12:30pm

[\*\*Register Here\*\*](#)

*Please only book one event as these are all the same event.*

### Objectives

- Increase understanding of Preparing for Adulthood pathways for young people Post 16
- Understand the evidence base for positive outcomes around; Employment, Friends and Relationships and Community, Independent Living and Good Health including how to support stronger health transitions between children and adults
- Increase understanding of tools and resources available to support best practice
- Reflect on and share local strengths, challenges, and opportunities through the eyes of young people with colleagues from other local areas.

