

24th January 2022

Dear Parents and Carers,

We have been advised that there has been a confirmed case of COVID-19 within 5H class. As Covid-19 rates within the school age groups are increasing we feel it is our responsibility to prevent the spread of infection, where possible, to keep our children and families safe.

From the information we have in school, it is possible that your child has come into contact with the positive case. We therefore advise that your child takes daily lateral flow testing for 7 days, to ensure test results continue to be negative. If they test negative they can continue to attend school unless they have any Covid symptoms; a high temperature, a new and continuous cough, a loss or change to their sense of smell or taste. If they test positive on a lateral flow test they should self-isolate and follow government guidance. If they develop symptoms during this isolation period or at any time, they should book a confirmation PCR test. If the PCR is positive, they must self-isolate for up to 10 days and follow government guidelines. NHS Test and Trace may also be in touch with you if the case has provided your child's details to them as a close contact.

How to stop coronavirus (COVID-19) spreading

There are things you can all do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19):

- If you have signs of symptoms isolate and book a PCR test
- Get vaccinated (both covid-19 and flu) – everyone aged 16 and over can [book COVID-19 vaccination appointments](#) now. If your child is between 12-15 you will receive information about their Covid vaccination via the School Based Immunisation Team
- Wash your hands with soap and water or use hand sanitiser regularly throughout the day
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- Put used tissues in the bin immediately and wash your hands afterwards
- Meet people outside and avoid crowded areas
- Open doors and windows to let in fresh air if meeting people inside
- Wear a face covering when it's hard to stay away from other people – particularly indoors or in crowded places
- Participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over at secondary). We encourage you to log your results here: <https://www.gov.uk/log-test-site-covid19-results>

We hope this helps to keep your families as safe as possible.

Yours sincerely



Alison Hill

Executive Head Teacher

