

Year 6	Autumn Term			Spring Term			Summer Term		
Duration	Unit	Learning focus	Assessment focus	Unit	Learning focus	Assessment focus	Unit	Learning focus	Assessment focus
1 st half term	Athletics (Unit 29) Sports hall athletics Information pack	Stamina speed jumping throwing determination. Winning and losing.	Revisit throwing jumping and running from Y3/4 Use a variety of throwing techniques, develop standing broad jump and triple jump. Sustaining running for a long period of time. Develop sprinting technique.	OAA (unit 30) Zenith Leisure (Moved from Sum A)	Listen and follow instructions Problem solving Social	Draw and orientate a map to use effectively. Working in pairs/teams	Gymnastics (Unit 28) Core Task Gymnastics Activity 12 6-10 element sequence.	Balance control strength (Counter balances and counter tension working in canon and unison) Team work	Compose a balanced sequence with a clear start middle and end. Perform fluently with control and clarity. Perform a safe and controlled group balance.

1 st half term	Invasion Rugby Core Task Invasion games Activity 9	Fair play Respect Cognitive skill spacial awareness team work	Demonstrate a range of attacking and defending skills. Use tactics to outwit opponents,	Invasion Netball (unit 26) Core Task Invasion games Activity 9 Use in high 5 setting.	Fair play Respect Cognitive skill spacial awareness team work	Demonstrate a range of attacking and defending skills. Use tactics to outwit opponents,	Strike/field Cricket Unit 25 Pairs Play Core Task Strike and field Activity 5 Plan for festival	Striking Throwing catching bowling Self evaluate	Hitting with control and accuracy bowling with accuracy. Intercepting and returning the ball effectively. Suggest refinements and improvements.
2 nd Half Term	Gymnastics (Unit 27) CT group dynamics Core Task Gymnastics Activity 11	Flight onto off and over apparatus. Balance control and strength.	Perform a balanced sequence of 6-10 elements to include a beginning middle and end.	SAQ /Fitness Fitness (use fitness pack)	Agility Peer Evaluation	Change of speed Correct technique Observe each other give constructive feedback.	Invasion Basketball Use Basketball scheme	Fair play Respect Cognitive skill spacial awareness team work	Demonstrate a range of attacking and defending skills. Use tactics to outwit opponents,

<p>2nd Half Term</p>	<p>Net/wall Volleyball</p> <p>Core Task Net/wall games Activity 11 (adapt don't let ball bounce)</p>	<p>Send and receive reaction time. Set own targets. Problem solving.</p>	<p>Volley and dig accurately to a partner or target. Under arm serve. Develop 3 touch volleyball.</p>	<p>Net wall Tennis (unit 26) CT On target Core Task Net/wall games Activity 11</p>	<p>Selecting and applying.</p> <p>Honesty</p> <p>Peer assessment</p>	<p>Using appropriate shots and tactics to outwit opponents Defending their court area to stop opponent scoring. Evaluating each others performance effectively.</p>	<p>Strike/Field Rounders Unit 25</p> <p>Rounders scheme.(Ls)</p>	<p>Striking Throwing catching bowling</p> <p>Self evaluate</p>	<p>Hitting with control and accuracy bowling with accuracy. Intercepting and returning the ball effectively. Suggest refinements and improvements.</p>
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