

Year 4 (KS2)	Autumn Term	Spring Term	Summer Term
Sport / Exercise	Football	Hockey	Tennis
Learning Outcome	Begin to perform different techniques including passing, dribbling, shooting at a target, tackling and changing direction at speed.	Perform different techniques including passing, tackling, dribbling, shooting, attacking and defending.	Develop tennis stance and racket grip. Improve different shots including forehand and backhand.
Assessment Criteria	Able to control the ball using the correct part of foot. Able to pass at various distances using the correct part of foot. Able to dribble in straight lines and also able to change direction at pace. Understand the difference between attack and defence in a game situation.	Able to dribble in straight and diagonal lines. Able to use correct passing techniques with the correct side of the stick. Able to shoot whilst keeping the ball under control.	Able to show the correct grip and stance. Able to use various shots including forehand, back hand consistently. Able to show co-ordination whilst moving around and changing direction at speed.
Sport / Exercise	Netball / Basketball	Tag Rugby	Cricket / Rounders
Learning Outcome	Perform different techniques including various passes, changing direction, movement, shooting, attacking and defending.	Perform different techniques including passing, running, changing direction / speed and tackling.	Perform different techniques including throwing, catching, long barrier and batting techniques.
Assessment Criteria	Understand different positions during a game situation. Able to pass using various techniques. Able to use the correct shooting techniques.	Able to work as a team member. Able to change direction and change speed of running. Able to show the correct backwards passing techniques. Understand the concept of tackling and intercepting.	Able to show the correct long barrier technique when fielding. Able to consistently throw to a target, and catch a ball. Able to show different batting shots.

Year 4 (KS2)	Autumn Term	Spring Term	Summer Term
Sport / Exercise	Gymnastics	Dance	Athletics
Learning Outcome	<p>Be able to demonstrate command words and perform movements.</p> <p>Able to link 4 movements together in sequence.</p> <p>Create own routine / sequence.</p>	<p>Explore different types of movements.</p> <p>Begin to link movements together.</p> <p>Working individually, in pairs and in small groups to create routines.</p>	<p>Perform travelling movements correctly and apply to different events.</p> <p>Correctly use techniques for different types of throwing and jumping events.</p>
Assessment criteria	<p>Improve body co-ordination and agility during movements.</p> <p>Perform own routine using different rolls, jumps and balances and link them.</p> <p>Perform 4 movements and link them together in sequence.</p> <p>Able to use the apparatus correctly and safely.</p>	<p>Able to create a short routine.</p> <p>Able to perform safe movements with control.</p> <p>Able to show balance and co-ordination.</p> <p>Able to understand how to link movements together during routines.</p>	<p>Able to use correct running technique.</p> <p>Able to understand the importance of running pace and begin to apply to both long and short distance running.</p> <p>Able to understand how to throw for longer distance.</p> <p>Able to understand how to jump both higher and longer during jumps.</p>

- In addition to the curriculum map children will increase physical activity and well-being through active lessons and outdoors learning. Adventurous activity will provide challenges both individually and within a team.
- In Year 4 children will be taught to swim competently, confidently and proficiently over a distance of at least 25 metres.