

**DORMANSTOWN
PRIMARY
ACADEMY**

**Physical Education
Policy**

Policy Reviewed: March 2016

PE Policy

Aims

Dormanstown Primary Academy has high expectations in Physical Education and believes that Physical Education offers pupils the unique opportunity to develop physical, social and cognitive skills and the knowledge to have a healthy lifestyle.

The objectives of teaching PE in our school are:

- To encourage fun and enjoyment through physical education and for children to develop an excitement and enthusiasm for physical activity and sport.
- To enable children to develop and explore physical skills with increasing control and co-ordination and for all children to acquire fundamental movement skills.
- To encourage children to work and play with others in a range of group situations.
- To develop an understanding of how different skills are performed in a variety of activities.
- To increase the awareness of being safe and staying safe during PE lessons, including the need for rules and regulations.
- To show children how to improve the quality and control of their performance with observation and evaluation.
- To teach children to recognise and describe how their bodies feel during exercise and know what happens to our bodies and be able to explain this.
- Develop an appreciation for health and fitness and the benefits of an active life style.
- To develop the children's enjoyment of physical activity through creativity and imagination
- To develop an understanding of how to succeed in a range of physical activities, and how to evaluate their own success.
- To encourage every child to reach their full potential.

Physical Education in the National Curriculum

PE is a National Curriculum subject and an entitlement for all for pupils in Foundation stage, Key Stage 1 and 2.

At Dormanstown Primary Academy children receive 2 hours of high quality physical education per week. Teachers follow the National Curriculum and curriculum map for their year group.

Children will experience:

Games and fundamental movement skills FS KS1 & KS2

Gymnastics FS KS1&2

Dance FS KS1&KS2

Athletics FS KS1&KS2

Swimming KS2

Outdoor and adventurous activities KS2

Planning in PE

Work is planned by individual teachers for each half term in accordance with National Curriculum requirements. Teachers follow the L.C.P. scheme of work and supplement this with First Funs, Start to play and Matalan resources.

Teaching

A range of teaching styles will be employed by the teachers depending upon the age and ability of the children, the nature of the work, and the learning objectives specified. We provide activities that are compatible with children's level of physical development and capability, whilst extending and developing individual competencies. The teachers will also watch for continuity and progression and the pace of progress through the planned work.

Starts of lesson

Teachers highlight the Learning Objectives at the start of the lesson to increase understanding of what is required during the lesson. Children will warm up at the start of the lesson.

Concluding the lesson

Teachers review the aim of the lessons. All children should be able to answer the question "What have I learnt in PE today?" Children cool down at the end of a lesson.

School Games Values

Children learn about the six school games values: **Passion**, Self-Belief, **Honesty**, **Determination**, **Team Work**, and Respect.

Strategies for assessment and reporting

Assessment for learning is an ongoing process which takes place throughout each unit of work and allows lessons to be planned to ensure every child reaches their full potential. Assessment provides information for reporting to parents within a manageable system using QCA Core Tasks where appropriate. All children should be taught to evaluate and improve their own work and that of others.

Health and safety

Our aim in PE is to keep all children safe during the lesson. We follow the recommendations given in The Safe Practice in Physical Education published by BAALPE. Earrings must be removed before taking part in P. E. lessons. They can only be taped if recently pierced. Each member of staff is fully aware of any medical conditions of any child they teach and how to best deal to with them. Pupils not participating should be asked to observe the lesson, and contribute where appropriate.

Promoting key skills through Physical Education:

Social Skills The development of vital social skills such as teamwork, communication and leadership.

Cognitive Skills The development of cognitive skills such as decision making and analysis. To recognize the nature of a challenge, think of different ways to approach a task and self-evaluate. To collect and analyze data, using different forms of measurement and Information Technology.

Physical Skills To improve learning and performance, through recognizing what they do well and what they need to do better, helping them to observe a good performance and develop the confidence to do something new.

Knowledge of Health and Fitness To develop pupils' knowledge and understanding of healthy lifestyles.

Clothing

Foundation Stage & Key stage 1

P E shoes or bare feet, shorts Tee-shirt or vest and pants.

Key stage 2

Indoor - PE shoes or bare feet, shorts and Tee- shirt.

Outdoor - As above with suitable warm clothing. Trainers may be worn.

Caps and Sun cream can be used in hot weather.

Swimming One piece swimming costumes or trunks are required by swimming regulations.

Goggles can be worn if a letter confirms parental consent.

Special Needs

As an inclusive academy we always endeavor to meet every child's individual needs.

Equal opportunities

We strive to ensure that all children at Dormanstown Primary Academy have equal opportunities.

Equipment and Teacher Reference Materials

Resources and PE equipment is stored in the hall. Children will be taught where to find and how to handle the PE equipment safely. The children will be taught to treat equipment with respect, to collect, use and replace individual items in the appropriate place. Teachers will make sure that everything is replaced tidily and safely once the lesson is over. Safety is of paramount importance. If any equipment is found to be faulty or unsafe the teacher will remove it from use and report to the PE coordinator.

Outside Agencies

We use what expertise we can to help the children reach their potential. This will include fostering and maintaining links with outside agencies. This will be facilitated by the PE Coordinator and extended school worker.

Out of Hours Learning

We provide additional physical activities to both enrich and extend the curriculum.

- We offer enrichment activities at lunch time led by sports leaders.
- Children compete in a variety of Partnership Competitions.
- The PE Coordinator make links with community coaches
- We encourage a competitive element to team games and play intra competitions in school and inter competitions against other local schools. This is to enhance the achievement of children throughout the school and to offer greater opportunities to the gifted and talented children.

PE Coordinator PE Lead & PE Team

- Play lead role in the development of PE practice through the Academy.
- Be the collection and dissemination point for information about PE.
- Be responsible for resources and advise as regards priority resource needs.
- Offer professional development and support to staff as appropriate.
- Organize visits to competitive and non-competitive sports festivals.
- Organize the use of professional coaches to support staff development.
- Action plan appropriate use of the Sports Premium funding to support the development of Physical education, health and fitness and increased opportunities for competition.
- To action plan and strive to achieve the School Games PE Kitemark.